

*"Thanks to my dad and the
Kidney Paired Donation
program, I have my life back.
I will be forever grateful."*

*Isabelle, kidney recipient,
and Per, living kidney donor*

Kidney and Pancreas Transplant Program

Compassion, Expertise, and Outstanding Outcomes



Weill Cornell Medical College

Our outstanding multidisciplinary team of transplant surgeons, physicians, allied health professionals, and researchers, led by Sandip Kapur, MD, Chief of Transplant Surgery, has made it possible to maximize every opportunity for transplantation. Benefits of our program include:

- Personalized treatment with a minimized combination of medications
- Low rejection and high kidney survival rates with fast recovery times
- Advanced techniques in minimally invasive surgery for living donors
- National leadership in kidney paired exchange, an important option for patients with non-matching living donors
- Treatments enabling transplants for cross-match and blood type incompatible donors and recipients
- Non-invasive methods to predict and detect transplant rejection
- One of the highest volume living donor programs, enabling many patients to be transplanted before a need for dialysis



Transplant surgeons Joseph Del Pizzo, MD, Sandip Kapur, MD, Jim Kim, MD, and Anthony Watkins, MD.

PERSONALIZED CARE

At the NewYork-Presbyterian/Weill Cornell Kidney and Pancreas Transplant Program, your health and comfort is our number one priority, and we make every effort to ensure that your journey to transplant is a complete success. Each patient and living donor benefits from the personalized care of a dedicated multidisciplinary transplant team, which includes surgeons, nephrologists, social workers, transplant coordinators, psychiatrists, nurses, donor advocates, nutritionists, pharmacists, and financial coordinators. Together, we support and guide

LEADING THE WAY

Our Kidney and Pancreas Transplant Program treats patients of all ages – from young children to adults in their late 80s. With high success rates and a long-established reputation as a center of innovation, we utilize every opportunity to make transplants possible for our patients. Our Kidney and Pancreas Transplant Program provides:

Personalized Approach to Medication. Through targeted immune therapy, we are able to offer many patients steroid-sparing medication regimens and minimize other medications whenever possible. Since 2002, approximately 75 percent of our kidney transplant recipients – children and adults – are now living steroid free.

Expertise in Managing Complex Cases. We have a long history in managing patients with complex medical histories, and our protocols better enable patients





our patients through each step on their way to a normal life. Our team will guide you in completing pre-transplant testing in the most convenient way possible, and work closely with your referring physician to ensure seamless follow-up before and after transplant.

with HIV, hepatitis B or C, or a history of cardiovascular disease, as well as older adults, to receive a transplant.

Pediatric Program. The Center for Pediatric Transplant and Advanced Kidney and Urologic Diseases at NewYork-Presbyterian/Phyllis and David Komansky Center for Children's Health

provides exceptional care with an expert team of pediatric nephrologists for children and adolescents in need of a kidney transplant. We work closely with skilled pediatric



urologists to provide care for bladder or other urologic abnormalities before or at the time of transplant. The transplant team is also skilled in transplanting adult kidneys into children.

Pancreas Transplantation. Our comprehensive Pancreas Transplant Program offers expertise in transplantation for patients with life-threatening complications of type 1 diabetes mellitus. Patients can enhance their quality of life and be relieved of insulin-dependence by receiving a pancreas transplant. Patients also in need of a kidney transplant may receive a pancreas at the same time or after the kidney transplant.

LIVING DONATION: EXPANDING TRANSPLANT OPPORTUNITIES

Our Living Donor Kidney Program – one of the top programs in the United States – excels in providing our adult and pediatric patients with faster access to kidney transplantation, often before dialysis is needed. We encourage living donation whenever possible, allowing greater numbers of patients to receive kidneys that function better and last longer. Living donation has dramatically expanded hope for those awaiting a lifesaving transplant, and has created an opportunity for others to give the gift of life to a loved one, friend, or even someone they don't know.

Kidney Paired Donation. We are a national leader in kidney paired donation for patients with willing but non-matching



Per, Isabel, Stuart and Lisa participated in an 11 person kidney chain through our Kidney Paired Donation program.

ADVANCING THE FIELD

Our commitment to providing patients with innovative, cutting-edge care is evidenced by our involvement in clinical and translational research. Investigator-initiated research studies have focused on minimizing tacrolimus exposure and comparing laparoscopic surgical techniques for living kidney donors, while industry-sponsored clinical trials focus on minimizing delayed kidney transplant function and developing less toxic immunosuppressive medications. Our world-renowned laboratory has also developed breakthroughs in non-invasive monitoring of

living donors or for compatible pairs seeking a closer age or genetic match. Our program performed the first donor exchange with the National Kidney Registry and participated in the country's longest kidney chain of 60 recipients and donors. Through these exchanges, we enable our patients and their donors to dramatically improve their chances of finding the best possible match.

Single Site Surgery for Living Kidney Donation. Our Kidney Transplant Program was the first center in New York to perform single site laparoscopic kidney donor surgery (through the navel) for a living donor kidney, and has quickly become a national leader in performing this surgical innovation. With minimal risk and excellent outcomes, this approach minimizes scarring and results in fast donor recovery, with an average hospital stay of one to two days.



Dr. Joseph Del Pizzo performs minimally invasive living donor surgery.



the kidney. We translate this research directly to the bedside of our patients by using biomarkers to detect kidney rejection through a patient's urine.

OUR KIDNEY AND PANCREAS TRANSPLANT PROGRAM

We are pleased to introduce you to the Kidney and Pancreas Transplant Program at NewYork-Presbyterian/Weill Cornell Medical Center, a highly acclaimed collaborative program with The Rogosin Institute – one of the country's foremost kidney disease centers. Through innovative techniques and treatment approaches, combined with the safest, most personalized care, we pride ourselves on enabling our patients to resume healthy and active lives.

Since performing the first kidney transplant in the New York metropolitan area in 1963, the Kidney and Pancreas Transplant Program completed more than 4,200 kidney transplants in its first 50 years. Today, the world-renowned program is among the largest in the country with excellent patient outcomes.



Sandip Kapur, MD, Chief of Transplant Surgery, meets with a patient in clinic.



SCHEDULE AN APPOINTMENT

If you wish to talk to a team member about the Kidney and Pancreas Transplant Program at NewYork-Presbyterian/Weill Cornell, schedule a transplant evaluation, or be evaluated as a kidney donor, please call:

(212) 746-3099

For additional information about kidney transplant, donation, and the transplant process, visit us online at:

www.WeillCornellTransplant.org

Kidney and Pancreas Transplant Program

Division of Transplantation Surgery

NewYork-Presbyterian/

Weill Cornell Medical Center

525 East 68th Street, Box 98

New York, NY 10065

(212) 746-3009

transplant@med.cornell.edu



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#1 Hospital in New York

#1 Nephrology program
in New York



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