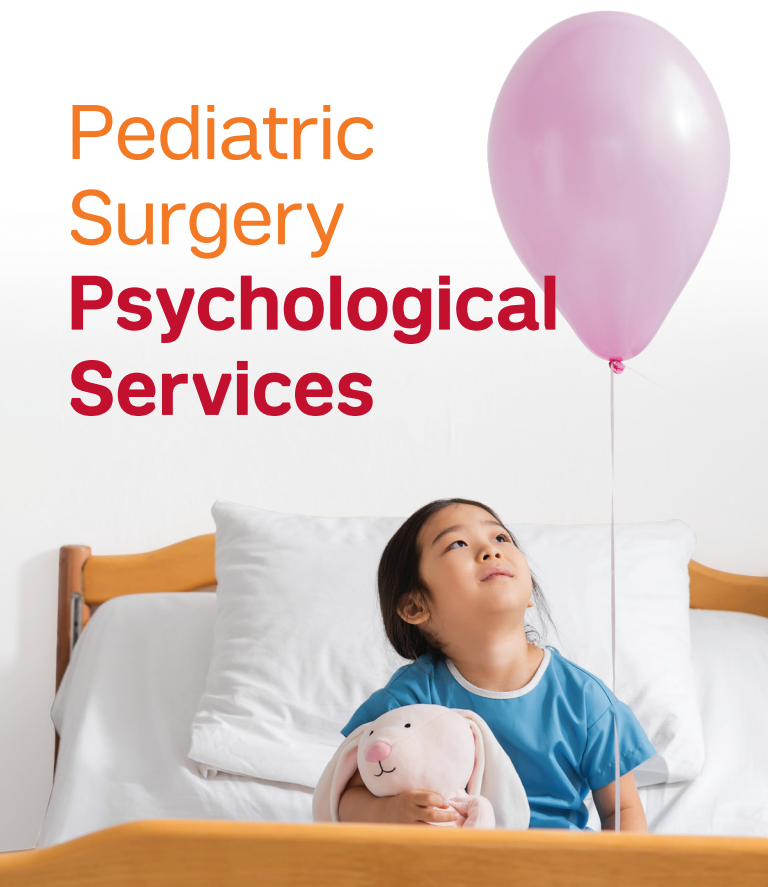




**Weill Cornell Medicine**  
Pediatrics

# Pediatric Surgery Psychological Services



## What is it?

**Psychological services are offered to all patients undergoing a surgery.** We know that a surgery can be stressful, overwhelming, and scary for the entire family. A psychologist is available to meet with your family to support you during all stages of the surgical process (before surgery, while recovering in the hospital, and after surgery when you return home).

# What services do we offer?

## Before surgery

- Support preparing for surgery
- Anxiety, stress, and mood management
- Parent support and consultation
- Parent guidance on how to speak to your child about the procedure using age-appropriate language

## During the hospital stay

- Bedside support with any concerns while admitted (e.g., adjusting to hospital, coping with pain, sleep difficulties)

## After the surgery:

- Address post-surgery concerns
  - Recovering at home
  - Returning to school
  - Long-term adjustment

In addition to support related to surgery, we are available to meet about any other concerns you have.



## Where are we?

If you are interested in seeing a psychologist, please let the surgical team know so they can place a referral. Once the referral is placed, a scheduler will contact you or you can call **646-962-4300** directly to schedule a visit. We offer virtual appointments, and a psychologist is available to see your child during their hospital stay.