## Weill Cornell Medicine

# Here's What We Know: Measles and Vaccines

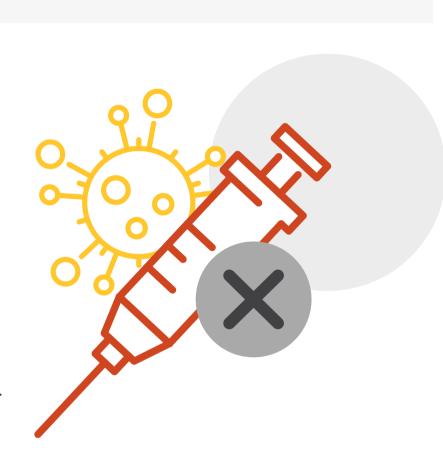


Measles was eliminated in the United States in 2000, but it remains a health concern. Here's a look at the current situation and the critical role of vaccination.

#### **A Look at Recent Trends**

According to the Centers for Disease Control and Prevention:

- There have been a number of measles outbreaks across the country in 2025.
- The overwhelming majority of these infections have occurred in unvaccinated individuals.
- Children and adolescents have been particularly vulnerable. Most of those hospitalized have been under the age of 5.



#### The Measles Vaccine

Today, the measles, mumps and rubella (MMR) vaccine remains the best protection against measles. **The vaccine contains the following:** 



A weakened form of measles that has **proven effective at providing long-term protection** 



Additional vaccines against mumps and rubella and sometimes varicella (chickenpox)

### **Timing Your Vaccine**

For maximum protection, get the right shots at the right time.



#### **Babies**

Infants usually get their first MMR vaccine **between**12 and 15 months of age.



#### **Toddlers**

A booster shot between 4 and 6 years offers maximum protection.



#### You

If you're unsure of your vaccine status, talk to your primary care provider.

Visit weillcornell.org/doctors to find a doctor today.

