

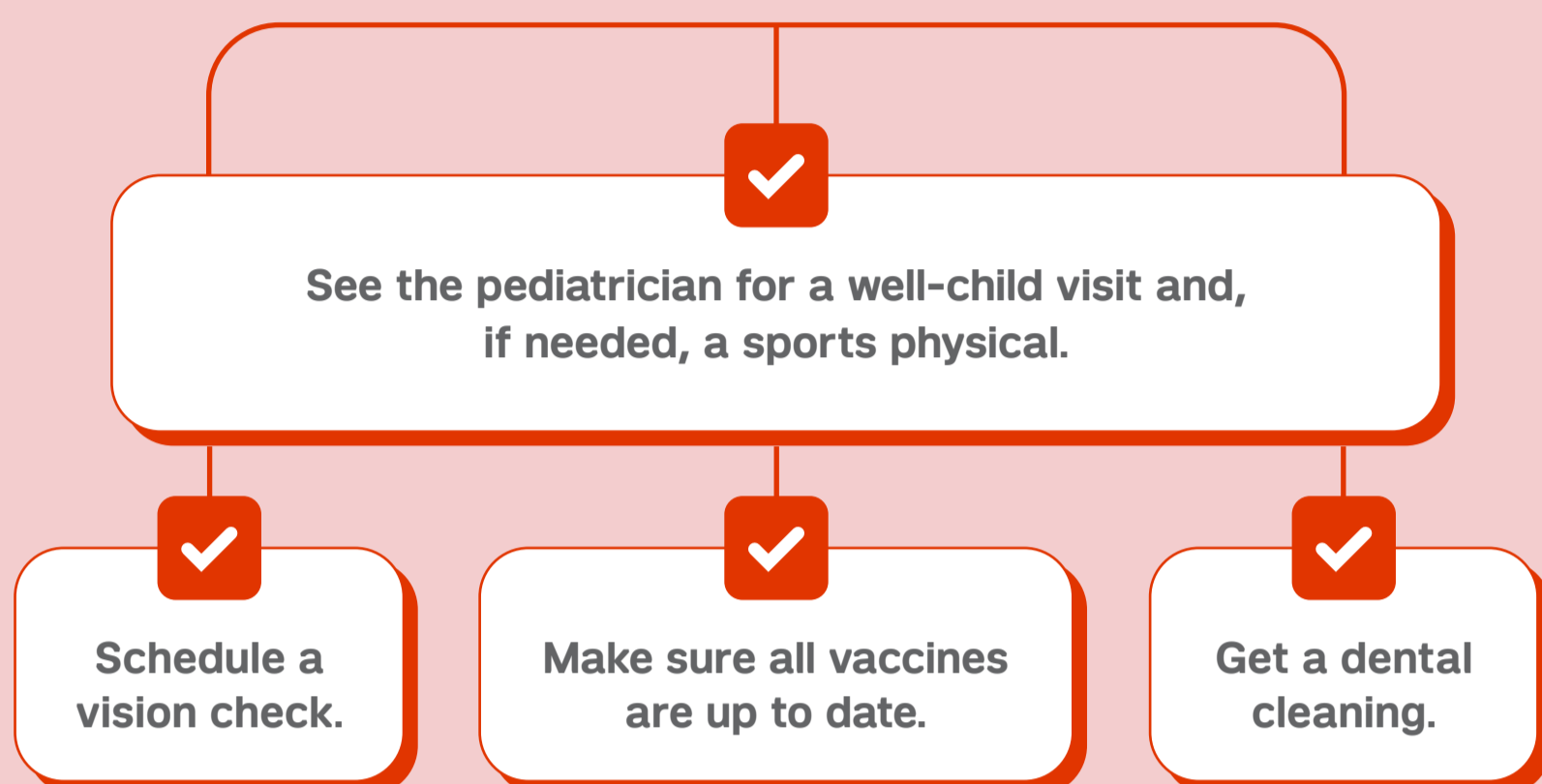
Here's What We Know: **Back-to-School Health and Wellness Checklist**



A healthy start sets the stage for a bright future. Prepare your child for a successful school year with this essential checklist.



Vital Visits



Mindful Moments



Everyday Essentials



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