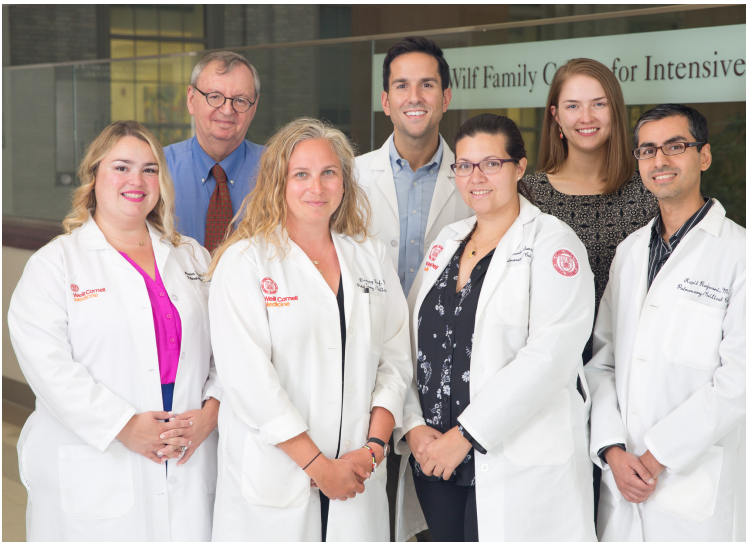


Our Team

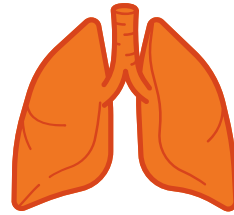


Pictured above are some of our multidisciplinary team members who provide care in our Post-ICU Recovery Clinic

Our Weill Cornell Medicine Partners

- Integrative Health and Wellbeing
- Center for Sleep Medicine
- Collaborative Care Center
- Program for Anxiety and Traumatic Stress
- Department of Psychiatry, Psychiatry Wellness Center
- Clinical Pharmacology
- Physical Medicine and Rehabilitation
- Registered Dietitians

For more information, please visit us at weillcornell.org/wcm-pulmonary



Weill Cornell Medicine Pulmonary Associates

425 East 61st Street, 4th Floor
New York, NY 10065

Hours by Appointment
Call **646-962-2333** to schedule

Our practice is committed to providing exceptional patient care by scheduling patients for Video Visits in addition to in-person visits.

Telemedicine allows you to video chat with your doctor from your own home, through the secure **MyChart** or **Weill Cornell Medicine App**.



Notice of Nondiscrimination

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 **Weill Cornell Medicine**
Pulmonary &
Critical Care Medicine



Post-ICU Recovery Clinic

weillcornell.org/post-icu-recovery-clinic

What Is Post-Intensive Care Syndrome? (PICS)

Physical Limitations

After critical illness, some people are unable to return to work or to care for themselves without help.

Cognitive Impairment

People who survive critical illness may notice new problems with memory and complex decision making.

Mental Health

After an ICU stay, people are at risk for Post-Traumatic Stress symptoms, depression and anxiety as well as poor sleep.

Underlying Medical Conditions

Chronic medical problems may be diagnosed while in the hospital or may be exacerbated by critical illness.

Have Questions Regarding COVID-19?

Health and safety are always among our top priorities at Weill Cornell Medicine. We are closely watching updates from trusted healthcare organizations and governmental recommendations about the new coronavirus (COVID-19), and will continue to keep you informed.

<https://weillcornell.org/coronavirus>

Who Is Affected by PICS?

PICS can affect anyone who has survived the ICU, including those sick from COVID-19.

If you were diagnosed with sepsis, septic shock, delirium or severe respiratory failure on mechanical ventilation (a ventilator), you may be at risk for PICS.



Care after the ICU

Our expert, critical-care trained physicians, social workers, dietitians, clinical pharmacists and psychologists will work with you to evaluate your physical, emotional and cognitive needs.

We take a holistic approach to care after the ICU. In addition to a thorough medical exam, basic pulmonary and strength testing, we screen for anxiety, depression, sleep disorders and PTSD.

We ensure you are taking the right medicines, have all the equipment you need at home and are referred to appropriate specialists, including physical therapy, acupuncture and mental health services.



What to Expect During Your Visit

- Visits may last up to 2 hours; video visits up to 1 hour
- Meetings with one or two physicians, and potential meetings with a psychologist, social worker, pharmacist or dietitian
- Testing including blood tests, pulmonary function tests, a walking test to assess distance walked in 6 minutes and need for oxygen
- Referrals to physical therapy if needed and other physician specialists if you don't already have expert care for your specific needs
- Communication with you and your family or loved ones. We will stay in touch with your primary doctor to help coordinate your care

For more information about our Post ICU Recovery Clinic, check out our podcast on our website:

weillcornell.org/post-icu-recovery-clinic