



Halloween Safety Tips to Keep Your Little Ghouls Safe

Ensure this Halloween is all treats and no trips to the hospital with these important holiday safety tips.

Candy Caution

Save the candy eating until you can look over all the treats to remove any opened or questionable candies.

If your children have any known food allergies (peanuts, dairy, etc.), ensure they know what is and isn't safe for them to eat.

After a night of snacking, don't let your children fall asleep without brushing their teeth clean of any sugary leftovers.



Fashionably Friendly

Skip the masks that reduce your child's visibility, especially if you plan to go trick-or-treating in the evening or at night.

Avoid hats and hoods with accessories, such as chinstraps on a cowboy or pirate hat, that could pose a choking hazard.

If your child's costume involves kid-friendly face paint, test it out on the top of their arm in a small section to see if they have a reaction to it before applying it to their face.

All-black costumes may be cool looking, but being safe is cooler. Give your kids fun flashlights and reflective stickers to put on their costumes and bags.



Street Safety

Teach young children to stay within view of you at all times and to never cross the street without an adult.

For older kids who need a little less supervision, ensure they know to stay in large groups with their friends and not wander off on their own.

Consider daytime community events if you live in an area that doesn't feel safe for children at night.



Does certain candy upset your child's stomach? They might have a food allergy. Talk with a provider to learn more: weillcornell.org/doctors