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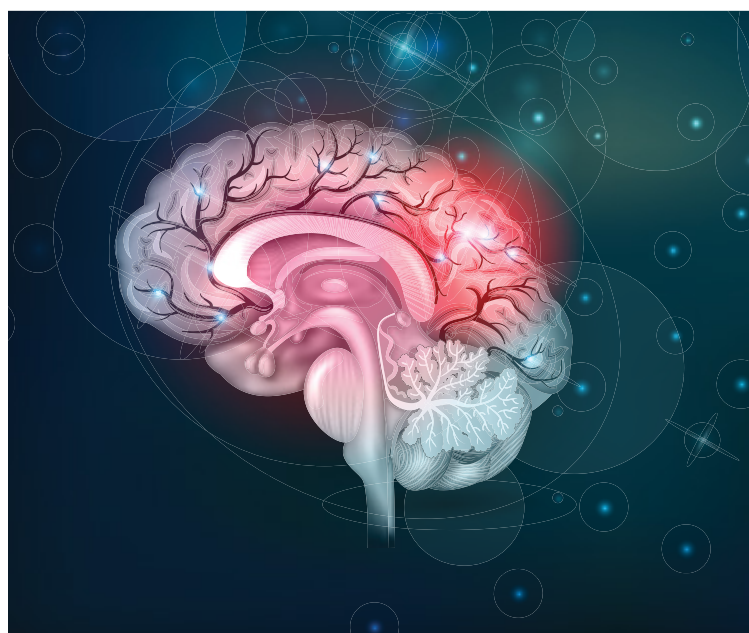


When Stroke Strikes, Know What to Do

May is National Stroke Awareness Month.
Take a few moments to learn about the signs of stroke,
and what to do if you or someone else experiences one.



When a person has a stroke, the blood flow to their brain is compromised. During a stroke, every second matters—from when the stroke started up until they begin receiving treatment. **The sooner treatment begins, the better the odds are for a stronger recovery.**



To help people identify stroke symptoms,
it's recommended to remember the acronym: **BE FAST**.



Balance - Losing balance is a sign of a stroke.



Eyes - Distorted vision is also a sign.



Face - If part of a person's face droops, they may be having a stroke.



Arms - A stroke can cause an arm to become paralyzed, or feel weak or numb.



Speech - Slurred speaking may occur during a stroke.



Time - The most important thing to remember when a stroke is suspected is that time matters most.



If you or a loved one suspect someone is having a stroke, seek medical assistance immediately. Do not attempt to travel to the hospital alone if no one else is around to take you. **Call 911 and follow the provided instructions.**

**Are you concerned about your risk of experiencing a stroke?
Speak with your doctor about your family history and current
health concerns. Find a doctor today at weillcornell.org/doctors**



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