

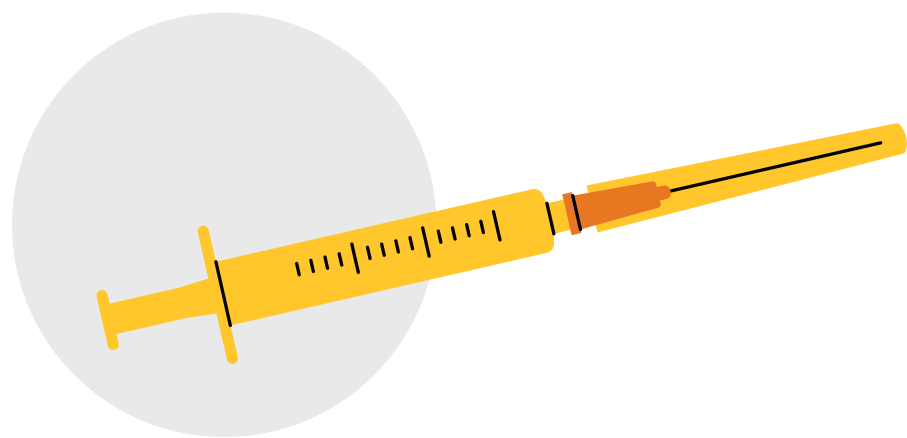


National Influenza Vaccination Week

Do your part to help protect your family and yourself this holiday season. Get your annual flu vaccine during National Influenza Vaccination Week that runs December 6-12, 2022.

Benefits of the Flu Vaccine

- **Protects vulnerable people around you** who are more likely to have severe cases of the flu, such as young children, older adults and people with chronic health conditions
- **Protects pregnant women and their newborn babies** for the first few months of life
- **Reduces life-threatening flu cases** in children
- **Reduces risk of hospitalization** from the flu
- **Reduces risk of severe flu illness**



Flu FAQ

What will the 2022-2023 flu season be like?

Experts think 2022-23 has the potential for more severe flu cases. With mask mandates, social distancing and isolation, fewer people showed up in 2021 for a flu vaccine, and our normal natural and herd immunity didn't happen in 2021.

Can I get the flu from the flu shot?

No. While you may experience flu-like side effects from the vaccine, you cannot get the flu itself from the shot.

Where can I get a flu shot?

Weill Cornell Medicine Primary Care patients can schedule an appointment straight through **Connect**. Many pharmacies, health clinics, health departments, schools and colleges provide them, as well.

Can I get the flu shot at the same time I get a COVID-19 vaccine?

While the flu shot doesn't directly protect against COVID-19, **it is safe to get both vaccines at the same appointment.**

Discuss your concerns about the flu with your provider.
Find one today at weillcornell.org/doctors